



TRUMP TURNBERRY
SCOTLAND

THE
LUXURY
COLLECTION

FINISHING TOUCHES

WAXING

from £12.00

MANICURE

40 mins - £40.00*

An extensive treatment of the hands including nail shaping and refining, cuticle work, gentle pressure point massage using essential oils and application of nail polish to finish.

LUXURY MANICURE

55 minutes - £50.00*

In addition to the above, the luxury treatment also includes paraffin wax and hot stones.

PEDICURE

55 mins - £55.00*

An extensive treatment of the feet including removal of dead skin, gentle pressure point massage using essential oils as well as cuticle work, shaping and refining of the toe nails and polish.

LUXURY PEDICURE

70 minutes - £65.00*

In addition to the above, the luxury treatment also includes paraffin wax and hot stones.

SHELLAC MANICURE/PEDICURE

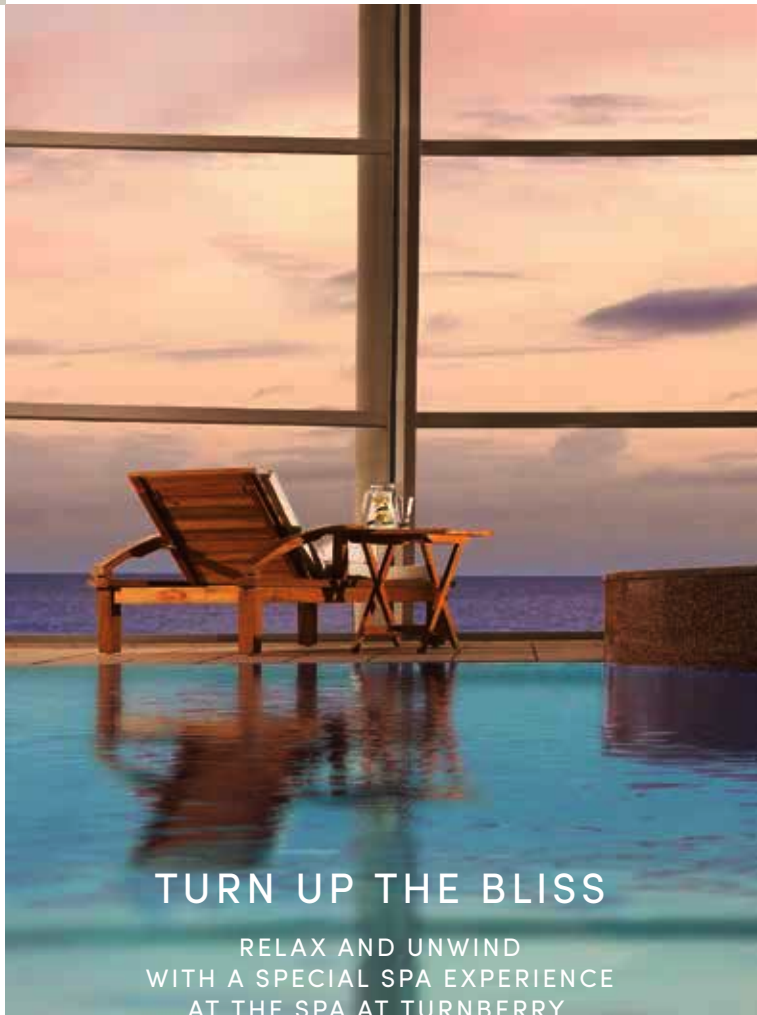
40 mins - £40.00

A UV colour coating is applied to the finger nails with no drying time, resulting into a mirror finish that lasts up to two weeks.

LIFESTYLE PROGRAMMES

Personal training/fitness evaluations available upon request.

* FRENCH POLISH, £5 SUPPLEMENT.



TURN UP THE BLISS

RELAX AND UNWIND
WITH A SPECIAL SPA EXPERIENCE
AT THE SPA AT TURNBERRY.

TO BOOK YOUR EXPERIENCE AT
THE SPA AT TURNBERRY, PLEASE CALL 01655 334 060

TURN UP THE EXPERIENCE

TRUMPTURNBERRY.COM

DAY SPA PACKAGES

DE-STRESS

3 hours 25 mins – £229.00

This all-encompassing ESPA programme will leave you feeling completely rejuvenated. It includes an aromatherapy full body massage, an intensive facial as well as a manicure and pedicure. Indulge in a delightful afternoon tea, with spectacular views over the Ailsa Craig and Irish Sea.

ESPA TIME

2 hours / 3 hours – £160.00 / £220.00

Time. It's the most precious gift of all. This personalised consultation is a collection of therapies tailored to meet specific and immediate needs. It also includes a delicious afternoon tea.

RESTORE

2 hours 25 mins – £189.00

This relaxing ESPA ritual includes a salt and oil scrub as well as a full body and scalp aromatherapy massage. Finish with an intensive facial to feel fully restored. It also includes a delectable afternoon tea.

RELAX

55 mins – £99.00

This special day package incorporates a relaxing back, neck & shoulder massage, followed by an ESPA boutique facial and a wonderful afternoon tea experience.

GOLFER'S RETREAT

1 hour 25 mins – £99.00

This ESPA retreat will ease muscular tension and features a Marine Hydro Bath, followed by a deep muscle reviver massage (with or without hot stones) designed to relieve tight muscles.

THE TRUMP TURNBERRY TOP TO TOE EXPERIENCE

55 minute – £99.00

An invigorating sea salt & oil scrub by ishga with the choice of a neck, back, shoulder and scalp massage or an express facial. Also includes a delightful afternoon tea experience.

SIGNATURE TREATMENTS, EXCLUSIVE TO TRUMP TURNBERRY

AILSA CRAIG

85 minutes – £110.00

This signature treatment by ishga pays homage to the Ailsa Craig, a striking volcanic island which presides over Trump Turnberry. This powerful, detoxifying treatment begins with a Hebridean Sea Salt and Oil Scrub, followed by a full body massage using volcanic basalt stones.

WOE-BE-TIDE

85 minutes – £110.00

Named after the fourth hole on the Championship Ailsa course, the Woe-be-tide combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub, followed by a nourishing facial.





FACIALS

ESPA INTENSIVE FACIAL

55 mins – £85.00

This expert facial is specifically tailored to you and includes deep cleansing, exfoliation, gentle extraction where needed, and a treatment specific massage and mask.

ISHGA FACIAL

55 minutes – £85.00

A rejuvenating facial designed to revitalise and repair. This treatment will cleanse, tone and moisturise the skin leaving it revitalised and hydrated. A unisex treatment that is suitable for all skin types.

MEN'S SHOULDER, NECK AND FACE MASSAGE

55 mins – £85.00

This personalised treatment that combines an ESPA shoulder, neck, face and scalp massage with a tailored solution to your skins needs.

LIFESTAGE FACIAL

85 mins – £120.00

A targeted and rejuvenating facial for maturing skin to address the most visible signs of ageing, specifically focusing on eyes, neck, lips and jaw line using ESPA LIFESTAGE products. Also includes a specialised eye treatment.

ADVANCED ENZYME FACIAL

85 mins – £125.00

A powerful and highly effective ESPA facial to boost cell regeneration and give an instantly smooth, radiant complexion. Includes deep brush cleanse, intense enzyme peel to remove dead skin cells, Rose Quartz Crystal massage and a lifting and smoothing mask.

ESPA ADVANCED SKIN RADIANCE FACIAL

85 mins – £110.00

Suitable for all skin types and ages. Includes deep brush cleanse, an age-defying and sublimely relaxing massage using Rose Quartz Crystals and a Lifting & Smoothing Mask to powerfully brighten, firm and even skin tone, leaving your complexion smooth, supple and looking radiantly healthy.

BODY TREATMENTS

BACK, FACE AND SCALP TREATMENT

85 mins – £120.00

Renowned as ESPA's 'Hero' treatment and loved by all, this experience delivers triple results by targeting three key areas – the back, the face and the scalp (with or without hot stones).

ESPA ULTIMATE BODY WRAP

55 mins – £85.00

After lymphatic skin brushing and body exfoliation, the body is wrapped in algae or marine mud. Ultimate tranquillity is achieved with a mind calming oriental head massage.

ISHGA SEAWEED BODY WRAP

55 minutes – £85.00

A powerful Hebridean sea salt and oil scrub with body wrap. This combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub.

ESPA BODY RITUAL

115 mins – £150.00

Following body exfoliation, a Marine algae or mud wrap is applied and the scalp gently massaged. Once you have taken a refreshing shower, a tailor made aromatherapy massage takes place. Choose from the following: detoxifier, de-stresser, muscle relaxer, jet-lag reviver, immune booster, energiser, body toner. Includes: body exfoliation, algae or mud wrap, scalp massage, Aromatherapy massage.

REFLEXOLOGY

55 mins – £75.00

An ancient oriental treatment that incorporates pressure point massage on specific areas of the feet that relate to certain parts of the body.

GOLFER'S TONIC

55 mins – £75.00

Enjoy a soothing foot soak and scrub followed by a therapeutic leg and foot massage. The back is then exfoliated and massaged with hot stones.

MATERNITY

PRE AND POST NATAL TREATMENT

55 mins – £90.00

A deeply nourishing ESPA body massage designed to target areas prone to stress and tension during or after pregnancy.

MASSAGE

ESPA PERSONALISED BODY MASSAGE

55/85 mins – £90.00/£115.00

A personalised consultation will ensure that you receive a unique treatment to suit your specific needs. Choose from the following: Detoxifying, Restorative, Energising, Soothing, Fitness and Resistance.

ISHGA INVIGORATING BODY MASSAGE

55 mins – £90.00

A medium pressure massage combining a powerfully detoxifying seaweed body oil which regenerates, firms and tones the skin. The treatment is designed to be invigorating, but equally relaxing with a focus on removing tension to re-energise the body.

HOT STONE MASSAGE

85 minutes – £120.00

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension.

DEEP MUSCLE MASSAGE

With or without hot stones – 85 mins – £125.00

A powerful massage designed to alleviate deep-seated tension and muscular stress.

ESPA BALINESE MASSAGE

50 mins – £85.00

Gently heated aromatherapy oils are poured onto the centre of the body and massaged into the skin using stretching and sweeping movements for deep relaxation. Hot volcanic stones are used to tailor the massage pressure to your needs and release tension.

THE TRUMP TURNBERRY POULTICE MASSAGE

55 minute – £90.00

A combination of traditional massage and new innovative techniques designed by The Spa at Turnberry's expert therapist team, using heated Sea Salt & Seaweed granule filled poultices. At the end of your treatment, you will be given a poultice to take away and used as a detoxifying seaweed bath experience at home.



EXPRESS

BOUTIQUE FACIAL

25 mins – £45.00

Every facial includes a consultation, skin analysis, cleanse, exfoliation, personalised facial mask and finishes with an application of a booster serum. Choose from ESPA or ishga products.

SHOULDER, NECK AND SCALP MASSAGE

25 mins – £50.00

This massage focuses on the key areas of tension using an ESPA body oil chosen for your specific needs. Where needed, hot stones are also used to penetrate warmth and help ease aches and pains.

LIFT & FIRM EYE TREATMENT

25 mins – £40.00

Perfect for those who are concerned with the first signs of ageing around the eyes. Incorporating a cleanse, exfoliation, massage and application of ESPA's Lift & Firm Intensive Eye Serum.

BACK, NECK AND SHOULDER MASSAGE

25 mins – £50.00

This massage is tailored to address any areas of concern and uses the most appropriate massage techniques along with the choice of ishga or ESPA products to suit your needs.

SALT AND OIL SCRUB

25 mins – £40.00

Choose from an ishga Hebridean sea salt and oil scrub or an ESPA body exfoliation to sweep away dull, dry skin to leave skin nourished, smooth and supple. Exceptional skin softening products combine sea salts with essential oils to leave your skin nourished, smooth and supple.

INVIGORATING FOOT TREATMENT

25 mins – £40.00

This revitalising ESPA treatment for tired feet and heavy legs helps reduce puffiness and soothe aches and pains. Includes a refreshing exfoliation and a deeply therapeutic foot and lower leg massage.

MARINE HYDROTHERAPY BATH

25 mins – £35.00

Recline and relax in a luxurious, private hydro therapy multi-jet bath. Feel gently invigorated, yet surprisingly relaxed with the soothing jets, sea salts and essential oils that warm and soothe muscular tension.

ISHGA SEAWEED BATH

30 minutes – £35.00

A unique Scottish experience where you can relax in fresh, hand harvested seaweed from the Hebridean coast.